Attention

- ⚠ People with heart disease or pacemakers cannot use this far infrared system.
- ⚠ Pregnant woman, skin-ulcers and allergic people can not use it.

Features

Model:	FHP-20-6040
Mat material:	PU leather (double-sided), non-toxic PP
	cotton, 96 independent natural jade and
	33 independent tourmaline.
Pad size:	18.5 inch X 24.4 inch
Power supply:	AC 110~120V, 50Hz/60Hz, ≤170W

- Premium natural gemstones, tourmaline and shungite stones.
- Digital controller with auto shut-off, adjustable temperature (68°F ~ 159°F) and timer settings (0-480 minutes), and memory function.
- Safe, long-lasting, deep penetrating therapeutic heat.
- The pad is flexible and can wrap around a body part.
- This pad dones not emit dangerous electromagnetic radiation.

Contact Us

- Customer Service Number: +86-139-2922-1675(skype)
- Email: dgyao@dgyao.net
- Customer Care Hours: 6am to 11am, 6pm-12pm
- Standard Time Monday Sunday Except Major Holidays

DONG GUAN TOP YAO INDUSTRY CO.,LTD

- ▶ Email: dgyao@dgyao.net
- ▶ Facebook: @ dgyaocn
- ► Skype: +86-139-2922-1675
- ▶ Amazon Store: https://www.amazon.com/dgyao
- ▶ Official Website: https://www.dgyao.net













Warranty and disclaimer

Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO warrants that the device shall be free from defects in material and workmanship for one year from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Email: dgyao@dgyao.net and one of our customer service team members will work with you to understand the issue and give you instructions on how to get your DGYAO Far Infrared Heating Pad repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered with or damaged due to misuse, abuse, or negligent handling.

Dear Customer, thanks so much for your great support of us! if there is anything problem with the device, please feel free to contact us and we will be glad to help you.

Please send us the photos or videos of the product failure, and please kindly advise me of your order number, phone number. contact name and shipping address.

If your order is still on a one-year warranty, we will resend you the new replacement once we confirm the exact problems. Thanks for your cooperation in advance.

Specific Warranty Policy:

- √ 1-Year defects liability period.
- √ 60 days return and replacement warranty.
- √ 18-month free replacement for the controller. (if they are broken)
- ✓ Return postage is borne by customers.
- ✓ Return requests as "I don't like it", "I don't want it", "the color doesn't look good" are not accepted.
- √ keep the original outer package for a successful return.

Frequently Asked Questions

- Q1: Wavelength and negative ion specifications on this model?
- A1: The negative ions are anywhere between 300 and 700. The wavelength of far infrared is anywhere between 5 and 14 µm.
- Q2: How many jade stones are there?
- A2: 96 independent natural jade and 33 independent tourmaline.
- Q3: Can this pad be pluged in to the lighter socket in a car?
- A3: I sure hope not. When I use this pad, I tend to fall asleep rather quickly. The unit does not come with a voltage converter that you would need to run off a car battery. It is intended for 110~120VAC.
- Q4: Is this mat FSA eligible?
- A4: Yes, it should say in the listing if Amazon makes it eligible.
- **Q5:** how do you chage setting from F to C?
- A5: No, the temperature only with Fahrenheit.
- Q6: What voltage can this device be used? A6: The device can be used within AC110-120V.
- 07: Heat makes me itch. Will the deep heating feature on this be a
- A7: No, it has not been that way with the heat therapy. It make the blood flow quicker to the hurt and makes it feel much better. It works great.
- **Q8:** Are there side effects?
- A8: Don't worry about it, but please notice you may have skin irritation if you're allergic to the fibers.
- 09: How long will it take to experience relief of the device?
- A9: We recommend wearing it for 2-3 therapy sessions per day for the first month, 10-30 minutes each time. Take a rest and drink some water to relax yourself before the next following use. Please be patient because it may take several weeks to experience optimal relief.
- A10: Is this washable?
- A10: No, this is a complicated electrical device. You can't wash it entirely. But you can use a wet towel to clean it outside.
- Q11: Can you use this product for back pain while Pregnant?
- A11: NO, Please don't use it while pregnant.
- 012: Can this be used on a recliner?
- A12: Yes, it works well on a recliner. Very compatible.
- Q13: Can I use it while lying in bed?
- A13: Yes, the mats are known to help with back and hip pain. It would help in any position; most people use it by lying on it on a bed.
- **Q14:** Does this work well for back spasms?
- A14: Yes, it does very well.
- Q15: Can I put my head on the mat?
- A15: No, Heat is not suggested for the brain.

For more information, please go to the blog of our official website: www.dgyao.net





DGYAO

MANUAL

TECHNOLOGY **SERVICES**

PROVIDES A SPA EXPERIENCE AT HOME RELAXES YOUR MUSCLES RELIEVES JOINT AND MUSCLE PAIN CIRCULATION



Please read the manual carefully before using the device

Safety Requirements and Notes

Dear Users, thanks for purchasing Far Infrared Heating Pad. Instruction for use has been provided to ensure that you will be able to understand and safely use this device.

This instruction illustrates the device and shows you how to operate and care for the unit. Please read thoroughly before using your new unit, and follow the instructions.

Important Notice

If you have any problem or need help in using, please contact our technical service center for help in time. We will give you technical support or arrange professional technical expert for service for the first time. The abnormal operation may do harm to equipment or personal safety.

Our company is irresponsible for abnormal condition, hazards to equipment or personal injury caused by operations that are absolutely prohibited as specified in this document. Disclaims any responsibility for safety, reliability or performance of this equipment by not observing the instructions!

Any faults arising from such non-observance will invalidate the warranty!

Please carefully read "controller instruction" and "Specific Warranty Policy" part of the content.



Introduction

What's in the mat?

Each mat comes with round pieces of jade and tourmaline held in place with a mesh lining that increases the flexibility. You can use it comfortably on the floor, in bed, on a sofa, in a recliner, or even propped up against the wall. Sleep on the mat overnight to extend the time you spend bolstering your wellness. Just turn up the heat and relax as the stones release high levels of far infrared and negative ions. These natural therapies will help elevate your wellness levels to temporarily boost your circulatory system. Use the intuitive controls to find the temperature to the degree at which you are the most comfortable. Begin the journey to better wellness with a model that continues to prove itself time and time again.









Far-infrared rays, which deeply and evenly penetrate throughout the skin, muscle, tissue, joint of the body, bringing relief and healing by increasing circulation and reducing inflammation.

Naturally reduce muscle tension, back pain by simply laying on the mat daily for 10-30 minutes. helps release tight muscles and relieve stress.

Function

SAFE & NATURAL PAIN TREATMENT:

- ★ Helps give temporary relief from minor muscle and joint pain and stiffness.
- ★ Helps give temporary relief from joint pain associated with arthritis.
- ★ Helps give temporary relief from muscle spasms.
- ★ Helps give temporary relief from minor sprains and strains.
- ★ Helps give temporary relief from minor muscular back pain.
- ★ Helps give temporary increase of local circulation where applied.
- ★ Helps your muscles relax.
- ★ Utilizes negative ions to help relieve stress and boost energy.
- ★ Protects you from electromagnetic frequency.
- ★ Help you feel grounded.

DGYAO Infrared Heating Pad. Device penetrates muscles and joints effectively to improve blood circulation and relieve pain.



3 Therapies in 1 Mat



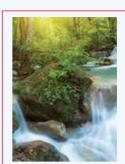
FAR INFRARED THERAPY

A form of absorbable non-visible light that penetrates the human body up to 6 inches deep into the muscles, tissues, joints, and more. Infrared heating pad emits far-infrared rays are intended to provide temporary relief of minor muscle and joint pain and stiffness, the relief of joint pain associated with arthritis, muscles spasms and strains, muscular back pain, muscle relaxation, the temporary increase of local blood circula-



JADE INFRA-RED THERAPY

Places heated pressure along the back or stomach to relieve stiffness and muscle tension. The heated surface temporarily increases your local blood circulation to deliver more oxygen throughout your body, which is beneficial for alleviating minor muscle spasms and even improving flexibility. It also works to soothe both the body and the mind, leading to increased sleeping abilities and the rejuvenation of energy.



NEGATIVE IONS THERAPY

Fills the air with negatively charged molecules that reduce contaminants in the surrounding environment and enter your body to produce positive changes. They are beneficial for improving your lung function for more efficient breathing, combating insomnia through the production of serotonin, and releasing some mental stress with supplemental oxygen flow.

CONTROLLER INSTRUCTION

The digital controller allows you to turn, simply by pressing the ON/OFF button



The digital controller allows you to set the time of automatic shutdown. Press the (TIME +) or (TIME-) button to adjust the time. Press the increment of every 5 minutes to adjust the time. The maximum setting time of the timer is 480 minutes. Once the timer counts down all the way, it will shut down automatically.



When you press the temp+ or temp- button, the screen will return to the current tempera-TEMP+ ture of the pad after the temperature you set is displayed.Press the (temp +) or (Temp -) button to adjust the temperature. Adjust it in increments of 1 degree Fahrenheit. The temperature can be set to 68-159 degrees Fahrenheit.



- Set "child lock function": In the power on state, long press this button for about 3 seconds until the "lock symbol" appears in the lower right corner of the LCD screen, which means that the "child lock function" is set successfully. After the successful setting, the operation of time, temperature and on-off button will be invalid.
- Cancel the "child lock function": In the power on state, long press this button for about 3 seconds until the "lock symbol" in the lower right corner of the LCD screen disappears, which means that the "child lock function" is cancelled and the functions of time, temperature and ON / OFF buttons are restored.

Information

The temperature controller is an intelligent control. When it is turned off, the device will remember the data set before it is turned off next time (Note: all setting data need to run for more than 5 seconds to take effect)